



chalicewell.org.uk

MESSENGER

Newsletter for Companions of the Well

JULY 2026

Our Companions Day theme of **Goodwill and Interconnectedness**, was beautifully explored by all our speakers and panelists, and especially our special guests **Linda Tucker**, Global White Lions Protection Trust and wild bee expert, **Jean Vernon**.

We learnt so much about Linda's pioneering work with the rare white lions and what they teach us about interconnectedness and the rising of consciousness. We discovered the amazing way solitary bees felt tiny sleeping bags for their babies and nest in empty snail shells, showing how all of nature is a vibrant web of good will and connection.

It was such an uplifting and inspiring day, it brought sunshine to our hearts, despite the downpours!

Carolyn Hillyer & Nigel Shaw sang songs to inspire our love for the Earth in their Wild Forgotten Way Concert and it was wonderful to have them here again!

More details about Companions Day will be in the Autumn-Winter Chalice Journal.



Meet Our People

Rose White is the volunteer co-ordinator at Chalice Well

I love working at Chalice Well because it is one of the most beautiful gardens in Avalon.

Avalon is a land which is said to be the heart of Albion, and these are my ancestral lands.

It is also a joy and a privilege to work with others who share my love and care for this special place.

It's one of the things that I also enjoy about helping people join our team of volunteers here at Chalice Well.

Chalice Well Essence Workshop 12 and 13 September

The Way of the Practitioner gives practical information to help you feel inspired to be an Essence Practitioner. Spending time in the beautiful garden and with the flowing waters, you can learn how to create an appropriate environment for conducting Essence consultations, envision and plan your Essence Practice, apply best practices as a Practitioner. You will also co-create a flower Essence in the Chalice Well Garden. This workshop is £425. Please see chalicewell.org.uk/essences for more details or get in touch with us on 01458 831154



Lammas 1 August is the time of the first harvests and we break bread together giving thanks to the earth's generosity and our community. We gather at the wellhead for a silent meditation at 12:00 and then invite you to follow the flowing well water to the Vesica Pool for our Lammas ceremony.

Autumn Equinox Gathering 23 September

Join us for our midday silent meditation at the wellhead followed by our ceremony beside the waters of the Vesica Pool

More details: chalicewell.org.uk/events

Stay on retreat here at Little St Michael's

Staying in our historic Retreat House offers Companions of the Well a unique experience, with after hours access to the garden, time in the esoteric library and the opportunity to enter the silence of the Upper Room for meditation.

Availability Summer 2026

August: limited availability

September: some availability

October: good availability

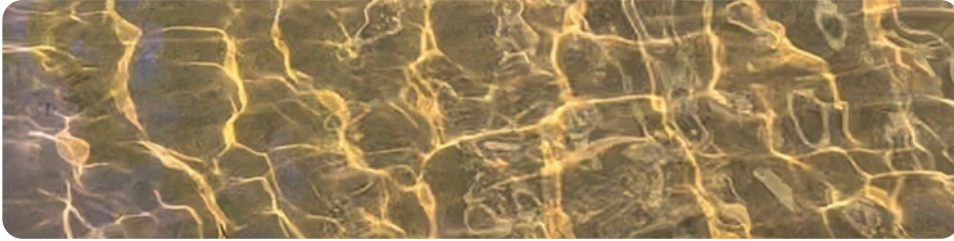
For more information please call us +44 1458 831154 or please email: info@chalicewell.org.uk

Love from the Garden

Pilgrims to the Lions Head are noticing oregano, lavender and vibrant pink loosestrife planted in a gentle curve to echo the shape of the fountain. This is the amazing moment that the Well water meets the air and the light for the first time. The planting allows space for people at the Lions Head to take their own time for a moment of deep reflection, tuning into the vibrancy of the well water, while others wait along the path.



The garden is full of abundance, especially the apples growing and Grandmother Beech absolutely laden with nuts.



Love from the Shop

Chalice Well velvet pouches are perfect for favourite crystals, oracle cards, makeup or as a purse. Hand beaded by artisans, they are Fair Trade and really beautiful £24

There is new stock of stunning **Amethyst points** to support spiritual growth and enhance intuition £27

The range of books about Mary Magdalene and the sacred feminine continues to grow, enhancing the wide choice of inspiring books and oracle cards.



Love from the Waters

Water diviners and specialists have reported that the Spring has a 'primary' origin coming from deep within the earth. The dowser Sig Lonegren has dowsed many sites around the world and says, "The water doesn't come from above. It comes from below and so is not dependent on rainfall and begins its existence deep within the bowels of our Mother, the Earth."

Wisdom & Inspiration

"Life is encompassed by love, and the pilgrim is able to go forward cheerfully on their destined way with deep thankfulness of spirit, mind and heart."

Wellesley Tudor Pole

"Sway, sway, tops of the trees
Under the stars so white.
Cradle my soul in your branches wet,
and carry me there till the moon shall set
Just for tonight!"

Alice Buckton

Alice Buckton was the owner guardian of Chalice Well from 1913 until 1944. She was a pioneer in education, women's emancipation, a celebrated playwright and poet.

Wellesley Tudor Pole founded the Chalice Well Trust in 1959. In addition to being a prolific writer, so much of which is relevant for our time now, he also initiated the Silent Minute, which we observe at the Well twice a day.